



Checklist for Your One-Day Surgery at Evangelical

Before Your Surgery

- Your doctor's office will schedule you for pre-surgical testing. Please be sure to complete all the forms your doctor gave to you. Please take them with you and come to the Main Entrance of the new Prime building the day of your testing.
- You will need to complete all required pre-surgical tests.
- Make a list of any questions you may have so you don't forget to ask them.
- Make a list of all the medications you currently are taking and bring it with you to the hospital.
- If you are responsible for caring for children, arrange for someone to take care of them.
- Arrange for someone to drive you to and from the hospital on the day of your surgery.
- If you live alone, arrange for a family member or friend to stay overnight with you on the day of your surgery.

The Day Before Your Surgery

- Bathe or shower using an antibacterial soap.
- Wear loose-fitting clothing.
- Leave home in time to arrive at the hospital by your scheduled arrival time.
- If you received a blue bracelet, please bring it with you.
- You will be required to remove your underwear and any jewelry (including jewelry from piercings), contact lenses, dentures, hearing aids, and prostheses prior to surgery.
- Ask any questions. If you live alone, arrange for a family member or friend to stay overnight with you on the day of your surgery.



Important Information for After Your One-Day Surgery

- Plan to rest for 24 hours after your surgery. Do not schedule any activities for the day of your surgery.
- You cannot be alone for 24 hours after receiving general anesthesia. Take someone with you if you must go outside. Do not go out alone.
- Move slowly, particularly when you rise to a sitting or standing position.
- Do not drive or operate machinery – not even a lawn mower – for the first 24 hours and until your doctor approves.
- Follow all the post-operative instructions you received at the hospital.

If you have questions about these instructions, please call your doctor.

If you have questions about your One-Day Surgery at Evangelical Community Hospital, please call 570- 522-2624.